



TERRY J. DUBROW, M.D., F.A.C.S.

Date: _____

Name: _____

First

Middle

Last

Address: _____

Street

City

State

Zip

Telephone: (____) _____ (____) _____

Primary

Secondary

May we leave a message on your phone(s)? Primary Secondary

Email: _____ Referred By: _____

Date of Birth: _____ Age: _____ Height: _____ Weight: _____ Sex: Male Female

Occupation: _____ Marital Status: Single Married Divorced Widowed

With whom may we share your medical information? _____

Emergency Contact Information:

Name: _____ Relationship: _____

Telephone: (____) _____

Please list **all medications & dietary supplements**, including prescriptions, over the counter medications, birth control, Aspirin, vitamins, herbal supplements – Fish oil, Saw palmetto, Flax seed oil, St. John’s Wort, etc.

I do not take any medications or dietary supplements.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____

Please list **all allergies & reactions** (i.e., Shellfish - Anaphylactic shock, Latex – Rash, Penicillin – Itching).

I do not have any allergies that I am aware of.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____

What brings you to our office? Please select ALL that apply.

Breast

- Reconstruction
- Revision
- Augmentation
- Replacement of Implants
- Removal of Implants
- Lift
- Reduction
- Other: _____

Body

- Tummy Tuck
- Hernia Repair
- Arm Lift
- Buttock Lift
- Buttock Implant
- Gynecomastia Repair (for men)
- Thigh Lift Inner Outer
- Liposuction -*what areas(s):* _____

Face

- Facelift
- Brow Lift
- Eyelid Upper Lower
- Rhinoplasty
- Scar Revision -*what area(s):* _____

For Breast Procedures and Breast Reconstruction:

Current bra size _____ Current implant size _____ cc

- Saline Silicone Textured Implants Smooth Implants Under the muscle Over the muscle

Have you/do you experience pain or discomfort related to your breast (neck/back/shoulder)? Yes No

If Yes, where _____

Does it affect exercise and daily activities? Yes No

Is arm range of motion limited? Yes No

Have you/do you take any medication(s) for pain/discomfort? Yes No

If Yes, list names of medication(s): _____

How often do you take medication(s) for pain? _____

Do you see a chiropractor for breast, neck, or shoulder pain/discomfort? Yes No

If Yes, list provider(s): _____

Do you see a physical therapist for breast, neck, or shoulder pain/discomfort? Yes No

If Yes, list providers(s): _____

Do you see an acupuncturist for breast, neck, or shoulder pain/discomfort? Yes No

If Yes, list provider(s): _____

Do you have BRCA gene? Yes No

Do you have shoulder grooves due to bra straps? Yes No

Do you get rashes under your breast? Yes No

If Yes, do you use anything to treat the rash Yes No

If Yes, list treatment method(s): _____

Personal Health History: Do you or have you had any medical conditions?

No Conditions I am aware of

High Blood Pressure

Heart Disease

Heart Failure

Heart Attacks

Chest Pain (Angina)

Seizures

Cancer, type: _____

Diabetes

Kidney Disease

Liver Disease

Thyroid Disease

Stomach Problems

Gastric Reflux

Psychiatric Diagnosis

(depression, anxiety, etc.)

Asthma

Emphysema

Stroke

Hepatitis

HIV/AIDS

Bleeding Problems

Other: _____

Family Health History: Do you have a family history of any medical conditions? If yes, please indicate maternal or paternal for each.

- | | | |
|---|--|--|
| <input type="checkbox"/> No Conditions I am aware of | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Emphysema |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Heart Failure | <input type="checkbox"/> Thyroid Disease | <input type="checkbox"/> Hepatitis |
| <input type="checkbox"/> Heart Attacks | <input type="checkbox"/> Stomach Problems | <input type="checkbox"/> HIV/AIDS |
| <input type="checkbox"/> Chest Pain (Angina) | <input type="checkbox"/> Gastric Reflux | <input type="checkbox"/> Bleeding Problems |
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Psychiatric Diagnosis | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Cancer, type: _____ | (depression, anxiety, etc.) | |

Do you have a personal or family history of anesthetic complications? Yes No
If yes, please explain: _____

COVID-19 History:

Have you received the COVID-19 Vaccine? Yes No
If Yes, when did you receive your 1st Dose? _____
When did you receive your 2nd Dose? _____
Have you received your booster? _____

Please list & date all prior operations, including non-cosmetic procedures.

I have not had any prior operations

| <u>OPERATION</u> | <u>DATE</u> | <u>DATE</u> |
|------------------|-------------|-------------|
| 1. _____ | | 5. _____ |
| 2. _____ | | 6. _____ |
| 3. _____ | | 7. _____ |
| 4. _____ | | 8. _____ |

Please list & date all prior hospitalizations.

I have not been hospitalized.

| <u>HOSPITALIZATION</u> | <u>DATE</u> | <u>DATE</u> |
|------------------------|-------------|-------------|
| 1. _____ | | 5. _____ |
| 2. _____ | | 6. _____ |
| 3. _____ | | 7. _____ |
| 4. _____ | | 8. _____ |

Primary Care Information: Please include the contact information for your Primary Care Provider.

Primary Care Provider: _____
Address: _____
Street City State Zip
Contact Information: () ()
Phone Number Fax Number
Date of last Physical Exam: _____

Additional Medical Providers: Do you regularly see a Specialist or another Medical Provider (i.e., Cardiologist, Psychiatrist, Dermatologist, Oncologist, etc.)? If so, please list the provider below.
 I do not see any other Specialist(s)

| | | | |
|-------------------|---------------|-----------|--------------|
| Medical Provider: | _____ | _____ | () |
| | Provider Name | Specialty | Phone Number |
| Medical Provider: | _____ | _____ | () |
| | Provider Name | Specialty | Phone Number |
| Medical Provider: | _____ | _____ | () |
| | Provider Name | Specialty | Phone Number |

Please list the information for your Preferred Pharmacy

Preferred Pharmacy: _____ Telephone: () _____
Address: _____
Street City State Zip

Social History: Please select all that apply.

Drugs - Do you or have you used any of the following:

Tobacco products Yes No

If Yes, for how long? _____, how many packs/day? _____

If you are a former smoker, what year did you stop? _____

Vape or Electronic cigarette Yes No

If Yes, for how long? _____

If you are a former vape or electronic cigarette smoker, what year did you stop? _____

Nicotine gum/patch or any type of smoking aid Yes No

If Yes, for how long? _____, list products used: _____

Cannabis Yes No

If Yes, for how long? _____ Method(s) of consumption: _____

If you are a former cannabis consumer, what year did you stop? _____

Illicit drugs Yes No

If Yes, for how long? _____ which drug(s)? _____

If you are a former illicit drug user, what year did you stop? _____

Alcohol Consumption: How often do you consume alcohol?

Did you ever drink heavily in the past? Yes, for how long? _____ No

Never, I do not drink alcohol

Moderate, 7-10 drinks a week

Rare, 1-2 drinks a week

Heavy, daily or 10+ drinks a week

Diet & Physical Exercise

How would you rate your eating habits? Poor Fair Good Excellent

Do you exercise? Yes No

If Yes, how many days/week? _____ How many minutes/session? _____

Have you experienced a significant **weight loss**? Yes No

If Yes, how much weight loss? _____ Over how much time? _____

Have you experienced a significant **weight gain**? Yes No

If Yes, how much weight gain? _____ Over how much time? _____

Systems Review: Please select "Yes" for all that apply & "No" for those that do not apply.

Do you have (or have you ever had) any of the following conditions/illnesses/symptoms:

Cardiovascular

- Heart bypass surgery Yes No
- Pacemaker Yes No
- Irregular Heartbeat Yes No
- Heart Murmur Yes No
- High Blood Pressure Yes No
- Heart Attack Yes No
- Chest pain/Angina Yes No
- Heart Failure Yes No

Neurological

- Fainting Yes No
- Dizziness Yes No
- Headache/Migraine Yes No
- Double vision Yes No
- Stroke Yes No
- Seizures Yes No

Endocrine

- Steroid use Yes No

If yes, Anabolic Steroids
 Other: _____

- Diabetes Yes No
- Thyroid Disease Yes No
- Immunosuppressant drugs Yes No
- Hormone Replacement Therapy Yes No

Hematology/Oncology

- Bleeding tendency Yes No
- Easy bruising Yes No
- Anemia Yes No
- Sickle Cell Disease Yes No
- Blood Clots Yes No

If yes, Legs Lungs

- Radiation Therapy Yes No

Infectious Gastrointestinal

- Hepatitis Yes No
- Heartburn Yes No
- Jaundice Yes No
- Ulcers Yes No
- Hiatal hernia Yes No

Respiratory

- Abnormal Chest X-ray Yes No
- Acute Bronchitis Yes No
- Recent Chest Infection Yes No
- Shortness of Breath Yes No
 At night On Exertion
- Asthma Yes No
- COPD Yes No
- Sleep Apnea* Yes No

*(not to be mistaken with Insomnia)

- Cough Yes No
- Cough with sputum Yes No
- Use of C-PAP machine Yes No

Psychiatric (Medically Diagnosed)

- Obsessive-Compulsive Disorder Yes No
- Depression Yes No
- Anxiety Yes No
- Psychiatric Care Yes No
- Emotional Support Animal Yes No

Musculoskeletal

- Fibromyalgia Yes No
- Sciatica Yes No
- Herniated disc Yes No
- Arthritis Yes No
- Rheumatoid Yes No
- Neck, back, arm, leg problems Yes No

Urinary

- Urinary Disease Yes No
- Kidney Disease Yes No
- If yes, are you on dialysis? Yes No

Skin

- Melanoma Yes No
- Staph infection Yes No
- Basal Cell skin cancer Yes No

Eyes

- Cataracts Yes No
- Glaucoma Yes No

Systems Review: (Continued) Please select all that apply.

Do you have or have you ever had any of the following conditions/illnesses/symptoms:

Reproductive

History of breast cancer Yes No If yes, familial personal

If personal, Left Breast Right Breast

Treatment: Radiation, for how long? _____

Chemotherapy, for how long? _____

Other: _____

If familial, maternal paternal

Women:

Are you/could you currently be pregnant? Yes No

Number of pregnancies: _____

Number of live births: _____

Vaginal C-section

Have you breast fed? Yes No

If yes, for how long? _____

Date of last mammogram (Month/Year): _____

Results: Abnormal or Normal

Mental Health: Please select all that apply.

Have you ever been clinically diagnosed with a mental illness? Yes No

If Yes, please list: _____

Have you been clinically diagnosed with depression? Yes No

Do you or have you experienced anxiety/panic attacks, isolation, loneliness, shame, worthlessness, or emotional withdrawal? Yes No

If Yes, please list: _____

Do you frequently experience impaired reasoning, including but not limited to, rigid thinking, poor judgement/problem solving & decision making? Yes No

Do you feel hopeless about the present future? Yes No

Do you currently have thoughts of harming yourself or others? Yes No

Do you or have you ever had thoughts of suicide? Yes No

If someone other than the patient is financially responsible, please fill out the next section.

Responsible Party Name: _____ Relationship: _____
First Last

Address: _____
Street City State Zip

Telephone: () ()
Primary Secondary

Employer: _____

Address: _____
Street City State Zip

I authorize the payment of medical and surgical benefits to Terry Dubrow, M.D.

Signature: Responsible Party _____

Date _____

HIPAA NOTICE OF PRIVACY PRACTICES

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review carefully.

This notice of Privacy Practices describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment, and health care operations (TPO) and for other purposes permitted or required by law. It also describes your rights to access and control your protected health information. "Protected health information" is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health condition and related health services.

Uses and Disclosures of Protected Health Information Your protected health information (PHI) may be used and disclosed by your Physician, our office staff, and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, pay your health care bills, support the operation of the physician's practice, and any other use required by law.

Treatment: We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information as necessary to a home health agency that provides care to you. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

Payment: Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

Healthcare Operations: We may use or disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, and conducting or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by your name in the waiting room when your physician is ready to see you. We may disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations include: as Required By Law, Public Health issues as required by law, Communicable Diseases: Health Oversight: Abuse or Neglect: Food and Drug Administration requirements: Legal Proceedings: Law Enforcement: Coroners: Funeral Directors, and Organ Donation: Research, Criminal Activity: Military Activity and National Security: Worker's Compensation: Inmates: required Uses and Disclosures: Under the Law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to Investigate or determine our compliance with the requirements of Section 164.500.



TERRY J. DUBROW, M.D., F.A.C.S.

Other Permitted and Required Uses and Disclosures will be made only with your Consent, Authorization or Opportunity to object unless required by law.

You may revoke this authorization, at any time, in writing, except to the extent that your physician or the physician’s practice has taken an action in reliance on the use or disclosure indicated in the authorization.

Your rights: Following is a statement of your rights with respect to your protected health information.

You have the right to request a restriction of your protected health information: Under Federal law, however, you may not inspect or copy the following records: psychotherapy notes; information compiled in reasonable anticipation of, or use in, a civil, criminal or an administration action or proceedings, and protected health information that is subject to law that prohibits access to protected health information.

You have the right to request a restriction of your protected health information: This means you may ask us not to use or disclose any part of your protected health information for the purpose of treatment, payment, or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and whom you want the restriction to apply.

Your physician is not required to agree to a restriction that you may request. If your physician believes it is in your best interest to permit use and disclose your protected health information, your protected health information will not be restricted. You then have the right to use another healthcare Professional.

You have the right to request to receive confidential communication from us by alternative means or at an alternative location: You have the right to obtain a paper copy of this notice from us, upon request, even if you have agreed to accept this notice alternatively i.e. electronically.

You have the right to have your physician amend your protected health information: If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information: We reserve the right to change terms of this notice and will inform you by mail of any changes, you then have the right to object or withdraw as provided in this notice.

Complaints: You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our privacy contact of your complaint.

We are required by law to maintain the privacy of, and provide individuals with, this notice of our legal duties and privacy practices with respect to protected health information. If you have any objections to this form, please ask to speak with our HIPPA Compliance Officer in person or by telephone at our main telephone number (949)515-4111.

Signature below is only acknowledgement that you have received this notice of our Privacy Practices:

Patient Signature

Date

(Staff) Witness Signature

Date



TERRY J. DUBROW, M.D., F.A.C.S.

Warning Regarding HIPAA and Email/Text Communications

Dr. Dubrow and his practice take every step possible to maintain your privacy and to stay compliant with all HIPAA laws. However, in current technology it is not possible to ensure complete privacy between you and our practice for email and text communications. In other words, if you are to text or email any of your medical information or photos to our practice it cannot be guaranteed that all the information is compliant with HIPAA privacy laws, and it is possible that some of it could be inadvertently exposed. For this reason, we want to make clear that HIPAA compliance is not possible for all text and emails between you and either Dr. Dubrow or any of his staff and you should be warned of the possibility of sensitive information being unprotected.

Your signature below memorializes your understanding of this important issue.

Patient Signature: _____ Date: _____



TERRY J. DUBROW, M.D., F.A.C.S.

Refund Policy

The science and art of plastic surgery involves significant risks of complications, such as scarring, delayed healing, infection, bleeding, etc. (described in further detail on surgical consent forms). These complications occasionally can and do result in poor outcome(s) and contribute to dissatisfaction of surgical results. Although Dr. Dubrow has significant experience in plastic surgery he cannot guarantee procedures will result in a better outcome than before surgery. Due to significant risks of complications, NO REFUNDS will be processed if surgical procedure(s) result in an unsatisfactory outcome. Furthermore, patients are responsible for additional charges for correction of poor surgical outcome(s).

Your signature below memorializes your understanding of our refund policy.

Patient Signature: _____ Date: _____



TERRY J. DUBROW, M.D., F.A.C.S.

Out-of-Town Patient Memorandum

Dr. Dubrow and his staff appreciate that you have travelled from out of town to seek potential surgical services provided by Dr. Dubrow's practice. We would like to take this opportunity to clarify the unique situation(s) that may arise from treating patients from out of town that may not initially be obvious.

As you may or may not be aware, plastic surgery involves procedures that carry substantial risks of complications that may require additional medical care. Complications such as infection, bleeding, scarring and other concerns often occur after you have returned home. It is not possible to practice adequate patient care from a distance and you may require further care in your hometown.

Should a complication or difficulty arise post-operatively, you will need to immediately seek your own medical care in your local area. Dr. Dubrow's practice will not be able to provide medical services from a distance or over the phone. Please understand that any expenses incurred due to further treatment needs/post-surgical care are patient responsibility.

Your signature below memorializes that you have read and understand this concern for out of town patients.

Patient Signature: _____ Date: _____



TERRY J. DUBROW, M.D., F.A.C.S.

NO SHOW/CANCELLATION POLICY

Due to high demand of service, all appointment No Shows and Same Day Cancellations, scheduled with Terry Dubrow, M.D and Jacqueline Brambila, PA-C, will be charged a fee of \$100. All cancellations must be done 72 hours (three business days) prior to the scheduled appointment time to avoid this fee. We understand that health issues may arise, if this is to happen, we require that you provide a Doctors/Hospitalization note.

By signing this document, you have acknowledged that you understand the service fee for No Show/Same Day Cancellations and authorize the credit card below or the card on file to be charged. Thank you for your understanding and cooperation.

Sincerely the office of,
Terry Dubrow M.D., F.A.C.S.
Jacqueline Brambila, PA-C

Please use the card on file from scheduling my consultation appointment

Credit Card Type: ___ Visa ___ MasterCard ___ Discover ___ Amex

Credit Card Number: _____

Expiration Date: _____

Card Identification Number: Last 3 digits located on the back of the card (CCV): _____

Patient Signature

Date

Staff Signature

Date



TERRY J. DUBROW, M.D., F.A.C.S.

Credit Card Authorization Form

Name of Patient: _____

Name of Cardholder: _____

Billing Address: _____
Street City Zip Code State

Credit Card Type: _____ Visa _____ Mastercard _____ Discover _____ Amex

Credit Card Number: _____

Expiration Date: _____

Card Identification Number: Located on the back of the card (CCV): _____

Amount Charged: \$365.00 Consultation fee

I authorize Terry Dubrow M.D., A Medical Corporation to charge the agreed amount listed above to the credit card number provided herein. I agree that I will pay for this purchase in accordance with issuing bank cardholder agreement.

By signing and providing my information I understand if I do not cancel my consultation appointment within 72 business hours my consultation fee will be non- refundable.

Cardholder – Please sign and date below

Signature

Date

Please email back or fax New Patient Intake Paperwork